

Aids for Choosing a Career

Choosing a career sends a chill down the spine of anybody. It puts you in a tricky situation. Process of coming out of that catch-22 situation, is exiting as well as full of apprehensions. To make the process of choosing your career simple, psychologists have devised many aids. You can take help of these aids and other help and relax in the time tested effectiveness of these aids.

First of all let's take a look at the different possible forms of help available to us. Different persons or organizations that help us in making a knowledgeable decision about our career are Career Assessment test Career counselor Executive coaches Career development center and Placement Company All these help a person in his or her assessment of a career based on his or her unique skill set.

Career assessment tests are designed in such a way that they help an individual to find out his or her interests and skills. Profile created by these tests is often used by different individuals and agencies to guide the individual as well as to hire a suitable candidate for the organization.

Tests for the assessment of personality of an individual come in many forms and flavors. Assessment test selected is affected in a major way, by the personal belief and considerations of the individual as well as administrator. Different assessment tests vary in methodology, scientific validity and measured attributes. Target customer profile is another significant variant.

Methodologically some tests are quantitative in nature where as other are qualitative in nature. Quantitative tests are used to measure key attributes of an individual. Qualitative tests on the other hand help individual to identify his or her goal and preferences. Assessment tests vary in their objectives. Some focus on interest of an individual while others try to find out skills. Some of these tests may not be valid, do check related references for validity of the test.

Career counselor helps all those who are in the process of planning or reshaping their careers. Career counselor helps in the selection of programs for training or education. He or she provides tips for balancing work and other roles of life. He or she helps you in the enhancement of career satisfaction. He or she even helps you in the preparation of resume and interviews. Executive coaches provides more or less same services that career counselor provides, but in a more personalized way.

Career development center or placement agency provides most of the services for career counseling under one roof. In broad sense we can say they help you manage your career. They will help you in making the career choice. Help you manage your tasks at the workplace. Help you take control of your personal development. All these services are available on the net. Guide your career to your imaginary heights by taking help of these services.

About the Author

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